2026

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2 Reading: 1960's Times Are Changing Dance to 1960's 1960's Music Bingo	3 In The Good Old Days: Life Before TV Exercise Group Cards & Boardgames	4 Game & Variety Shows Wheel of Fortune: Win a Candy Bean Bag Toss Poppy Craft	5 Timbits & Coffee News & Views Exercise Poppy Craft
9 Norma & Jerry People who Help Our Community Parachute Game Poppy Craft	10 Sing, “Oh, Canada” Canadian Trivia Noodle Hockey Poppy Craft	11 Remembrance Day 11AM Moment of Silence “In Flander’s Field” by John McCrae Marching Exercises	12 National Sundae Day: Making Sundaes Hockey Noodle Game Bingo
16 You Be The Judge Crossword Puzzle Exercise Cards & Boardgames	17 Wacky Words Baking Cookies Exercise Movie Clip Trivia	18 Discussion: Bing Crosby Jazz Music Bingo Ladder Ball Cards & Boardgames	19 Norma & Jerry Pop Drink Challenge Exercise Cards & Boardgames
23 What is Tex-Mex? Making Nachos Balloon Toss Button Craft	24 Discussion: Pets Pet Word Game Exercise Cards & Boardgames	25 Music Through the Decades Music Crossword Seated Dance Make your own Yogurt Parfait	26 Discussion: Holtom’s Bakery Baking a Cake Bowling Guess Who?
30 Young At Heart Ladder Ball & Kaplunk! Cards & Boardgames			